



How to conduct a Heart Health Check (MBS item 699 or 177)

Eligibility	Adults not already known to have cardiovascular disease (CVD) aged 45 and over Aboriginal and Torres Strait Islander people not already known to have CVD aged 30 and over
Consultation time	At least 20 minutes
Risk assessment	Blood pressure Smoking status Cholesterol Diabetes status Chronic kidney disease (CKD) Family history of CVD Alcohol intake Absolute CVD risk must be calculated and recorded using the online calculator at cvccheck.org.au OR via calculators built in to practice software
Interventions	Discuss risk and options for management with patient Provide lifestyle advice to address modifiable risk factors Recommend interventions and referrals to support lifestyle changes Initiate blood pressure and cholesterol lowering medication for high-risk patients where appropriate Implement a plan for ongoing management and assessment of CVD risk
Follow-up	Implement reminder system to recall patients where clinically necessary
How often can this be claimed?	Once per patient in a 12-month period. Cannot be claimed with other health assessments e.g. items 701, 703, 705, 707 & 715
Schedule fee (as of August 2020)	699: Fee = \$75.05. Benefit = 100% rebate 177: Fee = \$60.05. Benefit = 100% rebate



How to implement Heart Health Checks in your practice



Search & recall

Identify eligible patients via systematic records search or opportunistically.



Collect CVD risk factor information

Clinical team (nurse or GP) records BP, smoking status, cholesterol, diabetes and CKD status, family history, alcohol intake and other lifestyle risk factors.



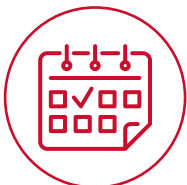
Complete risk assessment

GP uses cvdcheck.org.au or practice software.



Provide lifestyle advice and management plan

Clinical team (nurse or GP).



Recall and follow-up

Every 12 months or as clinically necessary to monitor risk factors and adherence to medications or other interventions.

Find out more by calling **13 11 12** or visiting heartfoundation.org.au

