Prevalence of Cardiovascular Disease (CVD) in The ACT

The national average for cardiovascular disease is 21.5%

Data: ABS, Australian Health Survey, 2011/12
Prevalence of Smoking in the Australian Capital Territory

The national average for people aged 18+ who smoke is 18%
Prevalence of Physical Inactivity for Health in the ACT

- Belconnen: 51.2% (Low)
- Cotter-Namadgi: (No available data)
- Gungahlin: 54.3% (Medium)
- Fyshwick - Pialligo - Hume: (No available data)
- Tuggeranong: 57.4% (Medium)
- Weston Creek: 55.7% (Medium)
- Woden: 54.2% (Medium)
- North Canberra: 36.2% (Low)
- South Canberra: 38.0% (Low)

The national average for people aged 18+ who are insufficiently active for health 57%
Prevalence of Obsesity in the Australian Capital Territory

The national average for people aged 18+ who are obese is 27.5%
Prevalence of Hypertension in The ACT

The national average for hypertension is 31.6%
Prevalence of High Cholesterol in The ACT

- Belconnen: 29.4% (Low)
- Gungahlin: 31.3% (Medium)
- Fyshwick - Pialligo - Hume: (No available data)
- Tuggeranong: 33.7% (Medium)
- Cotter-Namadgi: (No available data)
- Weston Creek: 28.6% (Low)
- North Canberra: 25.2% (Low)
- South Canberra: 32.0% (Medium)
- Woden: 38.1% (High)

The national average for high cholesterol is 32.8%