Some medicines should NOT be taken with a Beta Blocker

Always tell your Aboriginal Health Worker, nurse, doctor and pharmacist about all the medicines you are taking, even if you buy the medicine yourself at the supermarket or store.
Side-effects of Beta Blockers

Beta Blockers can have unwanted effects, called side-effects. Side-effects do not happen to everyone and often go away after a short time.

**Mild and common side-effects:**

- dizziness
- breathing troubles
- tiredness
- coldness in the fingers and toes
- tummy trouble

**IMPORTANT:** Do not stop taking Beta Blocker tablets suddenly. If you do stop taking them suddenly, you may experience problems.

Talk to your Aboriginal Health Worker, nurse, doctor or pharmacist about side-effects.

Your clinic: