Multidisciplinary teams including generalists

Multidisciplinary care teams:
- Patients, carers, community, and practitioners
- Generalist and specialist clinicians (GPs, cardiologists, neurologists, haematologists, surgeons)
- Non-medical & allied health professionals (e.g., nurses, pharmacists, physiotherapists, dieticians)

Patient-centred care

Patient-centred care:
- Patient and care-giver involvement
- Patient information and education
- Self-management & engagement
- Shared decision-making & goal setting
- Attention to at-risk populations, including Aboriginal and Torres Strait Islander peoples

eHealth to support the management of AF

Support for patients & health professionals:
- Information
- Communication & documentation tools
- Clinical algorithms & decision support
- Point-of-care monitoring and testing
- Diagnostic tools & treatment techniques
- Telehealth, mobile health

Technologies available:
- web-based interfaces
- smart-phones, communication devices, wireless technology
- computerised tools
- digital resources and devices

Comprehensive treatment approach to AF

Comprehensive treatment:
- AF detection
- Acute vs long-term arrhythmia management
- Risk assessment and risk factor modification
- Stroke prevention via anticoagulation according to stroke risk
- Prevention of other sequelae
- Lifestyle changes

Interventions comprising:
- Evidence-based management
- Targeted procedures &/or pharmacotherapy

Accessible care:
- Structured support for lifestyle, pharmacotherapeutic, non-surgical/non-invasive procedures and surgical interventions
- Primary, secondary, tertiary care
- Regional, rural and remote services

Integrated Management across the spectrum of care

Figure 9: Fundamentals of integrated care in the management of atrial fibrillation