PROGRAMME

9.00 - 9.05   Welcome
Sophie Scott, National Medical Reporter, ABC
+ opening from The Hon. Bronnie Taylor MLC, NSW Minister for Women

9.05 - 9.10   Welcome to Country

9.10 – 9.20   Women & Heart Disease in NSW
A Forum Recap: Two years on – what has been achieved?
Julie Anne Mitchell; Director of Prevention, Heart Foundation

9.20 - 9.30   Major Supporter Address – Laverty Pathology
Dr Sneha Wadhwani; on behalf of Laverty Pathology

9.30 - 9.55   KEYNOTE PRESENTATION:
Change of Heart: a move to sex and gender disaggregated cardiovascular research and practice across the life-course
Prof Robyn Norton AO; Principal Director, The George Institute for Global Health

PLENARY SESSION 1

THE FEMALE PATTERN OF CORONARY HEART DISEASE – WHAT DOES THIS LOOK LIKE AND HOW DO WE TREAT IT?

10.00 - 10.15   Heart disease in women: from diagnosis to treatment to outcomes
Dr Clare Arnott; Cardiologist, Royal Prince Alfred Hospital,
Senior Research Fellow, Cardiovascular Division, The George Institute

10.15 - 10.30   Treatment of MI in women – why is it different and what is the impact?
Prof Clara Chow; Professor of Medicine and Academic Director
Westmead Applied Research Centre, University of Sydney

10.30 - 10.45   Chest pain and normal angiography in women – could it be cardiac?
Prof John Beltrame; Head of Discipline of Medicine, Queen Elizabeth Hospital, Adelaide

10.45 - 11.00   Sex and the myocardium - insights from cardiovascular magnetic resonance imaging
Prof Martin Ugander; Professor of Cardiac Imaging, Department of Cardiology,
Royal North Shore Hospital, University of Sydney

11.00 – 11.10   Questions

Morning tea: 11.10-11.40 • Level 1 Lounge
CONCURRENT SESSION 1 – DELEGATES TO SELECT ONE OUT OF THE THREE LISTED

11.40 – 12.40

- HYPERTENSION IN PREGNANCY – THE IMPACT ON HEART HEALTH • Chair: Dr Clare Arnott

  The P4 & BP2 Study into reducing women’s risk post preeclampsia
  Dr Amanda Henry; Senior Lecturer, School of Women’s and Children’s Health

  Impacts of preeclampsia on the long-term health of mothers and their children
  A/Prof Vincent Lee; Renal Physician, Westmead Hospital

  The COFFEE clinic: cardiovascular assessment after obstetric complications - follow up education and evaluation
  A/Prof Margaret Arstall; Director of Cardiology, NALHN, Associate Professor, University of Adelaide

  Supporting women with preeclampsia to reduce their risk through healthy lifestyle change
  Dr Melinda Hutchesson; Senior Lecturer (Nutrition and Dietetics) University of Newcastle

ASK THE EXPERTS PANEL

- POPULATIONS OF WOMEN AT RISK • Chair: Dr Marcus Ilton

  Rheumatic Heart Disease
  Dr Marcus Ilton; Interventional Cardiologist, Darwin Private Hospital

  Cardiovascular Disease: Protective and risk factors for Aboriginal women
  Katharine McBride; Research Officer, SAHMRI

  HeartSmart – Prevention and awareness for Women from CALD communities
  Sharda Jogia; Senior Women’s Health Promotion Program Manager, SWSLHD

  Healthy hearts for women in custody
  Shani Prosser; Manager Health Advancement, Justice Health and Forensic Mental Health Network

  Rural and remote issues: distance and the heart – a film project of women’s stories
  Nerida Colley; Health Promotion Projects Officer, Lismore Women’s Health and Resource Centre

ASK THE EXPERTS PANEL

- HEART DISEASE IN WOMEN – WHAT DOES IT LOOK LIKE & HOW IS IT DIFFERENT • Chair: Dr Elizabeth Shaw

  Presentation and diagnosis of ACS in the ED: Are Women really that different to men?
  Prof Louise Cullen; Pre-Eminent Staff Specialist Emergency and Trauma Centre, Royal Brisbane and Women’s Hospital

  Sex differences in Acute Coronary Syndromes
  Dr Sarah Zaman; Interventional and Consultant Cardiologist, MonashHeart and Monash University

  Sex difference in heart failure risk factors and phenotype: what we know and the implications for women
  Dr Anna Beale; Cardiology Advanced Trainee, Alfred Hospital and PhD candidate, Monash University/Baker Heart and Diabetes Institute

  Sex differences in inherited heart diseases and sudden cardiac death
  A/Prof Jodie Ingles; Head, Clinical Cardiac Genetics Group, Centenary Institute

  Mapping coronary artery disease reveals fundamental gender differences
  Dr Susann Beier; Principle Investigator, Coronary Atlas UNSW

ASK THE EXPERTS PANEL

Lunch: 12.40-1.20
1.20 – 2.20

HEART HEALTH ALONG THE LIFE COURSE • Chair: Dr Amanda Beech

Gestational Diabetes: A Red Flag
Dr Amanda Beech; Obstetric Medicine Physician & Endocrinologist, Staff Specialist Royal Hospital for Women and Prince of Wales Hospital

The National Gestational Diabetes Register: overview, evaluation & next steps
Dr Melinda Morrison; National Program Leader, NDSS Diabetes in Pregnancy Program

Polycystic Ovary Syndrome – the risk factor you may not have heard about
Dr Lisa Moran; Research Fellow, Obstetrics and Gynaecology, Monash University (School of Public Health and Preventive Medicine)

Breastfeed to your heart's content
Dr Binh Nguyen; Research Fellow, Prevention Research Collaboration, Sydney School of Public Health, University of Sydney

Hormones and heart health across the life-course
Dr Anastasia Mihailidou; Senior Hospital Scientist, Cardiology Department, RNS and Head, Cardiovascular & Hormonal Research Laboratory, Kolling Institute

ASK THE EXPERTS PANEL

WOMEN’S ULTIMATE STRESS TESTS • Chair: Prof Gemma Figtree

Pregnancy: Women’s ultimate stress test
Prof Gemma Figtree; Prof in Medicine Uni of Sydney; Interventional Cardiologist Royal North Shore Hospital

Update on the final ROPAC (Registry of Pregnancy and Cardiac Disease)
Prof Will Parsonage; Senior Staff Cardiologist, Royal Brisbane & Women’s Hospital, Clinical Director AusHSI, IHBI, Queensland University of Technology

Advances in management of pregnancy in women with congenital disease
Dr Rachael Cordina; Cardiologist, Royal Prince Alfred Hospital

Heart of the female athlete
Dr Belinda Gray; Cardiologist at Royal Prince Alfred Hospital, NHMRC Early Career Fellow at University of Sydney

Spontaneous Coronary Artery Dissection
Dr Clare Arnott; Cardiologist, Royal Prince Alfred Hospital

ASK THE EXPERTS PANEL

HEALTH SYSTEM RESPONSES & BREAKING DOWN SILOS • Chair: Denele Crozier AM

Women’s heart health: and the importance of a cross disciplinary approach
Annie Flint; Manager Women’s Health, Child Youth & Family, Southern NSW LHD and
Denele Crozier AM; CEO Women’s Health NSW

NSW Health: what the health system can do (title TBC)
Dr Marianne Gale; Medical Advisor in the Office of the Chief Health Officer, NSW Ministry of Health

Women’s Health NSW – piloting a strategy to assess & manage cardiovascular risk
Debra Pittam; Principal Consultant Coach and Facilitator, Person Centred Leadership

Beyond the Health System to end RHD
Dr Rosemary Wyber; GP and Head of Strategy, END RHD

Cancer and the Heart
Prof Liza Thomas; Conjoint Professor at Sydney University and University of NSW, Clinical Lead for non- invasive cardiac imaging, Westmead Hospital

ASK THE EXPERTS PANEL
**PLENARY SESSION 2**

**WOMEN & HEART DISEASE RESEARCH REPORTS**

2.50 – 3.00  
*Women’s experiences of heart disease in pregnancy*

Prof Liz Sullivan; Deputy Head, Faculty of Health and Medicine, University of Newcastle

3.00 – 3.10  
*Using big data to inform our understanding of heart disease in Australian women*

Prof Emily Banks; Professor of Epidemiology, Australian National University

3.10 – 3.20  
*CVD in Australian women – a snapshot of national statistics*

Miriam Lum On; Cardiovascular, Diabetes and Kidney Unit, Health Group, Australian Institute of Health and Welfare (AIHW)

**HEART DISEASE IN WOMEN & THE IMPACT OF GENDER**

3.25 – 3.35  
*Matters of the heart and mind: how mental health impacts women’s heart health*

A/Prof Adrienne O’Neil; Director of Heart and Mind Research, Deakin University and Heart Foundation Future Leader

3.35 – 3.45  
*Women in cardiology – why is this important?*

Dr Sonya Burgess; Interventional cardiologist and consultant cardiologist, Nepean Hospital and Sydney South West Hospital

3.45 – 3.55  
**Break**

3.55 – 4.05  
*My take-outs from the day*

A/Prof Lynne Pressley AM; Chair, Heart Foundation Hearts and Heels Cardiology Roundtable

4.05 – 4.15  
*Sex and Gender Differences – why research is important*

Dr Jenny Yu; Interventional Cardiologist, Prince of Wales Hospital

4.15 – 4.45  
**EXPERT PANEL AND OPEN DISCUSSION:**

*What do you take out of this and what needs to happen next? How do we progress actions in Awareness raising, filling the research gaps, Improving practice & care?*

Facilitated by Sophie Scott, National Medical Reporter, ABC

- Prof Chris Semsarian AM; Chair, CSANZ Scientific Committee
- Denele Crozier AM; CEO Women’s Health NSW
- Leah DSouza; Patient Representative
- Dr Linda Mann; GP, Young Parents Pregnancy Clinic, Royal Prince Alfred Hospital
- David Lloyd; CEO Jean Hailes Foundation
- Dr Melina Georgousakis; Founder, Franklin Women
- Dr Sarah Zaman; Chair, Women in Cardiology

4.45 – 5.00  
*Summary of Priority Actions*

Angela Hehir; Manager, Women & Heart Disease, Heart Foundation

Prof Garry Jennings; Chief Medical Advisor, Heart Foundation

5.00 – 6.00  
**POST FORUM NETWORKING DRINKS AND CANAPES**