Do you want to improve the cardiovascular health of your patients?

Apply today to become a 2019 SA Heart Foundation Nurse Ambassador!

Now in its sixteenth year, the Heart Foundation Nurse Ambassador Program has seen over 250 Nurse Ambassadors across South Australia work together to support earlier detection and better management of cardiovascular disease. We are seeking nurses who are passionate about improving care and working in a hospital, community health service, general practice, Aboriginal Health service or occupational health organisation. Now is your chance to join this exciting program!

There’s no cost plus you can earn CPD points!
The Heart Foundation is committed to helping nurses improve patient care and outcomes across South Australia therefore participation in the program is free of charge. We will provide a certificate of attendance at the end of the program for inclusion in your Continuing Professional Development records.

Who can apply?
• Registered and Enrolled Nurses - working in a clinical role in Primary Care, clinics, ACCHOs or hospitals
• Aboriginal Health Workers who have completed a Certificate IV in Aboriginal and/or Torres Strait Islander Primary Health Care Practice - working in a clinical role in an Aboriginal Community Controlled Health Organization (ACCHO) in the Country PHN region

Country SA PHN Scholarships
The Heart Foundation has partnered with the Country SA PHN to provide a scholarship program for country based general practice nurses to attend. Due to the Country SA PHN grant, we are excited to provide an extension to the program in 2019 to include nurses and Aboriginal Health Workers working in country SA ACCHO’s. Scholarship funding varies according to region and is designed to cover travel and accommodation expenses. Please indicate if you would like to apply for a scholarship on your application form using the tick box.

Benefits of joining the program:
• Access to up-to-date Heart Foundation information and resources
• Develop an understanding of the Heart Foundation’s work and messages that support cardiovascular health
• Learn about the latest evidence on cardiovascular disease and risk factors
• Increase your knowledge and confidence in your professional role
• Learn about quality improvement and how to plan and undertake a Workplace Activity Project to improve patient care
• Contribute to the development of new tools, resources and systems to improve care
• Develop professional relationships and networks with health professionals from across the healthcare system

To ensure you get the most out of the program, you will need to:
• Attend five full day (9am-4pm) workshops in Adelaide (attendance is compulsory for all workshops) on the following days:
  - 1 March
  - 3 May
  - 30 August
  - 15 November
  - 28 June

• Have access to email and internet for ongoing communication in between workshops

• Be an active participant in workshop discussions

• Commit to the delivery of a Workplace Activity Project

**Topics covered during workshops may include (but are not limited to):**

Heart Foundation – One Heart: Our 2018-2020 Strategy
Heart Foundation Resources overview
Heart Foundation Helpline
Running a Quality Improvement Project
Absolute Cardiovascular Risk Assessment and Management in Primary Care
Heart Foundation Walking
Atrial Fibrillation
Diabetes
Cardiac Rehabilitation
Physical Activity for patients with heart disease
Cardiac Pharmacology
Engaging with Aboriginal & Torres Strait Islander patients
Workplace Activity Projects
Chest pain - the patient journey
Heart Failure
The truth about nutrition and CVD
Depression and Cardiovascular Disease
Behaviour Change and Motivational Interviewing

**How to apply:**

• Discuss the program with your manager to ensure you will be able to attend all the workshops and implement the Workplace Activity Project

• Complete the Application Form and ask your manager for an email or letter of support

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**Applications close Friday 11 January 2019**

To apply, email your Application Form and manager Letter of Support to: sabine.drilling@heartfoundation.org.au

This program is supported by Country SA PHN