

WOMEN & HEART DISEASE FORUM 2019

PROGRAM TOPICS SUMMARY

SEX, GENDER & HEART DISEASE

**Prof Robyn Norton; Principal Director,
The George Institute for Global Health**

**KEYNOTE: Change of Heart: a move to sex and gender
disaggregated cardiovascular research and practice across
the life-course**

Dr Clare Arnott; Cardiologist, Royal Prince Alfred Hospital

Heart disease in women: from diagnosis to treatment to
outcomes

Prof Clara Chow; Professor of Medicine and Academic Director
Westmead Applied Research Centre The University of Sydney

Treatment of MI in women – why is it different and what is the
impact?

Prof John Beltrame; Head of Discipline of Medicine,
Queen Elizabeth Hospital, Adelaide

Chest pain and normal angiography in women – could it be
cardiac?

Prof Louise Cullen; Senior Staff Specialist Emergency Medicine,
Royal Brisbane and Women's Hospital

Presentation and diagnosis of ACS in the ED: Are Women really
that different to men?

Dr Sarah Zaman; Interventional Academic Cardiologist, MonashHeart
& Monash University

Sex differences in Acute Coronary Syndromes

Prof Martin Ugander; Professor of Cardiac Imaging,
Department of Cardiology, Royal North Shore Hospital

Sex and the myocardium - insights from cardiovascular
magnetic resonance imaging

Dr Susann Beier; Principle Investigator Coronary Atlas UNSW

An engineering approach: mapping coronary artery disease
reveals fundamental gender differences

Dr Jenny Yu; Interventional Cardiologist, Prince of Wales Hospital

Sex and Gender Differences – why research is important

Dr Anna Beale; Cardiology Registrar and PhD Candidate
at Alfred Health/Baker Heart & Diabetes Institute, Melbourne

Sex differences in heart failure risk factors and phenotype: what
we know and the implications for women

A/Prof Jodie Ingles; Head, Clinical Cardiac Genetics Group

Sex differences in inherited heart diseases and sudden cardiac
death

Dr Belinda Gray; Cardiologist at Royal Prince Alfred Hospital
and Mater Hospital

Heart of the female athlete

Dr Adrienne O'Neil; Director of Heart and Mind Research
at Deakin University

Matters of the heart and mind: how mental health impacts
women's heart health

Dr Sonya Burgess; Interventional Cardiologist and Consultant
Cardiologist, Nepean Hospital and Sydney South West Hospital

Women in Cardiology – why is this important?

FEMALE SPECIFIC RISK

Prof Gemma Figtree; Prof in Medicine Uni of Sydney; Interventional Cardiologist Royal North Shore Hospital	Pregnancy: Women's ultimate stress test
Prof Will Parsonage; Senior Staff Cardiologist, RB&WH, Clinical Director, The Australian Centre for Health Service Innovation, Qld University of Technology.	International Registry of Pregnancy and Cardiac Disease – what have we learned
Dr Amanda Henry; Senior Lecturer, School of Women's and Children's Health	The P4 & BP2 Study: understanding women's cardiovascular risk post preeclampsia
Prof Margaret Arstall; Director of Cardiology, NALHN, Associate Professor, University of Adelaide	The Coffee Club: engaging with women who have experienced preeclampsia in a low SE area
A/Prof Vincent Lee; Renal Physician, Westmead and Blacktown Hospitals	Impacts of preeclampsia on the long-term health of mothers and their children
Dr Melinda Hutchesson; Senior Lecturer, School of Health Sciences University of Newcastle	Supporting women with preeclampsia to reduce their risk through healthy lifestyle change
Dr Amanda Beech; Obstetric Medicine Physician & Endocrinologist, Staff Specialist Royal Hospital for Women and Prince of Wales Hospital	Gestational Diabetes & other red flags for cardiovascular disease in women
Dr Melinda Morrison; National Program Leader, NDSS Diabetes in Pregnancy Program	The National Gestational Diabetes Register: overview, evaluation & next steps
Dr Lisa Moran; Research Fellow, Obstetrics and Gynaecology, University of Adelaide / Monash	Polycystic Ovary Syndrome – the risk factor you may not have heard about
Dr Anastasia Mihailidou; Senior Hospital Scientist, Cardiology Dept, Royal North Shore; Head, Cardiovascular & Hormonal Research Laboratory, Kolling Institute	Hormones and heart health across the life course
Dr Binh Nguyen; Research Fellow, Prevention Research Collaboration, Sydney School of Public Health, University of Sydney	Breastfeed to your heart's content
Dr Rachael Cordina; Cardiologist, Royal Prince Alfred Hospital	Advances in management of pregnancy in women with congenital disease
Dr Clare Arnott; Cardiologist, Royal Prince Alfred Hospital	Spontaneous Coronary Artery Dissection: what women & their health care providers should know

POPULATION APPROACHES

Annie Flint; Manager Women's Health, Child Youth & Family, Southern NSW Local Health District and Denele Crozier; CEO Women's Health NSW	Women's heart health: and the importance of a cross disciplinary approach
Deb Pittam; Principal Consultant Coach & Facilitator, Person Centred Leadership	Women's Health NSW – piloting a strategy to assess & manage cardiovascular risk
Dr Marianne Gale; Medical Advisor in the Office of the Chief Health Officer, NSW Ministry of Health	NSW Health: what the health system can do
Dr Rosemary Wyber; Head of Strategy, END RHD	Working beyond the Health System to end RHD
Katharine McBride; South Australian Health & Medical Research Institute	Cardiovascular Disease: Protective and risk factors for Aboriginal women
Shani Prosser; Manager Health Advancement / Population Health/ Justice Health & Forensic Mental Health Network	Heart Health for Women in Custody
Sharda Jogia; Senior Women's Health Promotion Program Manager, SWSLHD	"HeartSmart for Women" Prevention and awareness of heart disease for CALD women
Nerida Colley; Health Promotion Projects Officer, Lismore Womens Health & Resource Centre	Rural and remote issues: Isolation and the Heart (distance, loneliness and life as a refugee)

RESEARCH REPORTS

Prof Liz Sullivan; Deputy Head, Faculty of Health and Medicine, University of Newcastle

The experience of pregnancy for women with cardiac disease: qualitative study report

Prof Emily Banks; Professor of Epidemiology, Australian National University

Using big data to inform our understanding of heart disease in Australian women

Miriam Lum On; Head, Cardiovascular, Diabetes and Kidney Unit, Health Group, Australian Institute of Health and Welfare

Coronary heart disease among Australian women – what does the data tell us? (2019 Women & Heart Disease Report)

WOMEN'S EXPERIENCE

Heart Collective

My heart disease story

EXPERT PANEL AND OPEN DISCUSSION (confirmed to date)

- * Prof Chris Semsarian (CSANZ)
- * Denele Crozier (Women's Health NSW)
- * Patient Representative (TBC)
- * Dr Linda Mann (RACGP)
- * David Lloyd (Jean Hailes for Women's Health)
- * Dr Sarah Zaman (Women in Cardiology)
- * A/Prof Lynne Pressley

What do we take out of this and what needs to happen next? How do we progress actions in Awareness raising, filling the research gaps, Improving practice & care?

LEARN MORE: heartfoundation.org.au/women-and-heart-disease-forum-2019