WOMEN & HEART DISEASE FORUM 2019
JUNE 19, 2019 | 9AM-5PM

PROGRAMME

9.00 - 9.05 Welcome
Sophie Scott, National Medical Reporter, ABC
+ opening from The Hon. Bronnie Taylor MLC, NSW Minister for Women

9.05 - 9.10 Welcome to Country

9:10 – 9:20 Women & Heart Disease in NSW
A Forum Recap: Two years on – what has been achieved?
Julie Anne Mitchell – Director of Prevention, Heart Foundation

9.20 - 9.30 Major Supporter Address – Laverty Pathology

9.30 - 9.55 KEYNOTE PRESENTATION:
Change of Heart: a move to sex and gender disaggregated cardiovascular research and practice across the life-course
Prof Robyn Norton; Principal Director, The George Institute for Global Health

PLENARY SESSION 1

THE FEMALE PATTERN OF CORONARY HEART DISEASE – WHAT DOES THIS LOOK LIKE AND HOW DO WE TREAT IT?

10.00 - 10.15 Heart disease in women: from diagnosis to treatment to outcomes
Dr Clare Arnott; Cardiologist, Royal Prince Alfred Hospital

10.15 - 10.30 Treatment of MI in women – why is it different and what is the impact?
Prof Clara Chow; Professor of Medicine and Academic Director Westmead Applied Research Centre, University of Sydney

10.30 - 10.45 Chest pain and normal angiography in women – could it be cardiac?
Prof John Beltrame; Head of Discipline of Medicine, Queen Elizabeth Hospital, Adelaide

10.45 - 11.00 Sex and the myocardium - insights from cardiovascular magnetic resonance imaging
Prof Martin Ugander; Professor of Cardiac Imaging, Department of Cardiology, Royal North Shore Hospital

11.00 – 11.10 Questions

Morning tea: 11.10-11.40
CONCURRENT SESSION 1 – DELEGATES TO SELECT ONE OUT OF THE THREE LISTED

11.40 – 12.40

■ HYPERTENSION IN PREGNANCY – THE IMPACT ON HEART HEALTH

The P4 & BP2 Study into reducing women’s risk post preeclampsia
Dr Amanda Henry; Senior Lecturer, School of Women’s and Children’s Health

Impacts of preeclampsia on the long-term health of mothers and their children
A/Prof Vincent Lee; Renal Physician, Westmead Hospital

The COFFEE clinic: Assessment after obstetric complications
Prof Margaret Arstall; Director of Cardiology, NALHN, Associate Professor, University of Adelaide

Supporting women with preeclampsia to reduce their risk through healthy lifestyle change
Dr Melinda Hutchesson; Senior Lecturer (Nutrition and Dietetics) University of Newcastle

ASK THE EXPERTS PANEL

■ POPULATIONS OF WOMEN AT RISK

Rheumatic Heart Disease
Dr Marcus Ilton; Interventional Cardiologist, Darwin Private Hospital

Cardiovascular Disease: Protective and risk factors for Aboriginal women
Katharine McBride; Research Officer, SAHMRI

HeartSmart – Prevention and awareness for Women from CALD communities
Sharda Jogia; Senior Women’s Health Promotion Program Manager, SWSLHD

Healthy hearts for women in custody
Shani Prosser; Manager Health Advancement, Justice Health and Forensic Mental Health Network

Rural and remote issues: distance and the heart – a film project of women’s stories
Nerida Colley; Health Promotion Projects Officer, Lismore Women’s Health and Resource Centre

ASK THE EXPERTS PANEL

■ HEART DISEASE IN WOMEN – WHAT DOES IT LOOK LIKE & HOW IS IT DIFFERENT

Presentation and diagnosis of ACS in the ED: Are Women really that different to men?
Prof Louise Cullen; Pre-Eminent Staff Specialist Emergency and Trauma Centre, Royal Brisbane and Women’s Hospital

Sex differences in Acute Coronary Syndromes
Dr Sarah Zaman; Interventional and Consultant Cardiologist, MonashHeart and Monash University

Sex difference in heart failure risk factors and phenotype: what we know and the implications for women
Dr Anna Beale; Cardiology Advanced Trainee, Alfred Hospital and PhD candidate, Monash University/Baker Heart and Diabetes Institute

Sex differences in inherited heart diseases and sudden cardiac death
A/Prof Jodie Ingles; Head, Clinical Cardiac Genetics Group, Centenary Institute

Mapping coronary artery disease reveals fundamental gender differences
Dr Susann Beier; Principle Investigator, Coronary Atlas UNSW

ASK THE EXPERTS PANEL

Lunch: 12.40 - 1.20
1.20 – 2.20

HEART HEALTH ALONG THE LIFE COURSE

Gestational Diabetes and other red flags
Dr Amanda Beech; Obstetric Medicine Physician & Endocrinologist, Staff Specialist Royal Hospital for Women and Prince of Wales Hospital

The National Gestational Diabetes Register: overview, evaluation & next steps
Dr Melinda Morrison; National Program Leader, NDSS Diabetes in Pregnancy Program

Polycystic Ovary Syndrome – the risk factor you may not have heard about
Dr Lisa Moran; Research Fellow, Obstetrics and Gynaecology, Monash University (School of Public Health and Preventive Medicine)

Breastfeed to your heart’s content
Dr Binh Nguyen; Research Fellow, Prevention Research Collaboration, Sydney School of Public Health, University of Sydney

Hormones and heart health across the life-course
Dr Anastasia Mihailidou; Senior Hospital Scientist, Cardiology Department, RNS and Head, Cardiovascular & Hormonal Research Laboratory, Kolling Institute

ASK THE EXPERTS PANEL

WOMEN’S ULTIMATE STRESS TESTS

Pregnancy: Women’s ultimate stress test
Prof Gemma Figtree; Prof in Medicine Uni of Sydney; Interventional Cardiologist Royal North Shore Hospital

Update on the final ROPAC (Registry of Pregnancy and Cardiac Disease)
Prof Will Parsonage; Clinical Director, Australian Centre for Health Service Innovation, QLD University of Technology and Senior Staff Cardiologist, Royal Brisbane & Women’s Hospital

Advances in management of pregnancy in women with congenital disease
Dr Rachael Cordina; Cardiologist, Royal Prince Alfred Hospital

Heart of the female athlete
Dr Belinda Gray; Cardiologist at Royal Prince Alfred Hospital, NHMRC Early Career Fellow at University of Sydney

Spontaneous Coronary Artery Dissection
Dr Clare Arnott; Cardiologist, Royal Prince Alfred Hospital

ASK THE EXPERTS PANEL

HEALTH SYSTEM RESPONSES & BREAKING DOWN SILOS

Women’s heart health: and the importance of a cross disciplinary approach
Annie Flint; Manager Women’s Health, Child Youth & Family, Southern NSW LHD and
Denele Crozier; CEO, Women’s Health NSW

NSW Health: what the health system can do (title TBC)
Dr Marianne Gale; Medical Advisor in the Office of the Chief Health Officer, NSW Ministry of Health

Women’s Health NSW – piloting a strategy to assess & manage cardiovascular risk
Debra Pittam; Principal Consultant Coach and Facilitator, Person Centred Leadership

Beyond the Health System to end RHD
Dr Rosemary Wyber; GP and Head of Strategy, END RHD

TBC

ASK THE EXPERTS PANEL

Afternoon tea: 2.20-2.50
PLENARY SESSION 2

**WOMEN & HEART DISEASE RESEARCH REPORTS**

2.50 – 3.00  
Women’s experiences of heart disease in pregnancy  
Prof Liz Sullivan; Deputy Head, Faculty of Health and Medicine, University of Newcastle

3.00 – 3.10  
Using big data to inform our understanding of heart disease in Australian women  
Prof Emily Banks; Professor of Epidemiology, Australian National University

3.10 – 3.20  
CVD in Australian women – a snapshot of national statistics  
Miriam Lum On; Australian Institute of Health & Welfare

**HEART DISEASE IN WOMEN & THE IMPACT OF GENDER**

3.25 – 3.35  
Matters of the heart and mind: how mental health impacts women’s heart health  
Dr Adrienne O’Neil; Director of Heart and Mind Research, Deakin University

3.35 – 3.45  
Women in cardiology – why is this important?  
Dr Sonya Burgess; Interventional cardiologist and consultant cardiologist, Nepean Hospital and Sydney South West Hospital

3.45 – 3.55  
Break

3.55 – 4.05  
My take-outs from the day  
A/Prof Lynne Pressley AM; Chair, Heart Foundation Hearts and Heels Cardiology Roundtable

4.05 – 4.15  
Sex and Gender Differences – why research is important  
Dr Jenny Yu; Interventional Cardiologist, Prince of Wales Hospital

4.15 – 4.45  
EXPERT PANEL AND OPEN DISCUSSION:  
What do you take out of this and what needs to happen next? How do we progress actions in Awareness raising, filling the research gaps, Improving practice & care?  
Facilitated by Sophie Scott, National Medical Reporter, ABC

- Prof Chris Semsarian AM; Chair, CSANZ Scientific Committee
- Denele Crozier AM; CEO Women’s Health NSW
- Leah Dsouza; Patient Representative
- Dr Linda Mann; GP, Young Parents Pregnancy Clinic, Royal Prince Alfred Hospital
- David Lloyd; CEO Jean Hailes Foundation
- Dr Melina Georgousakis; Founder, Franklin Women
- Dr Sarah Zaman; Chair, Women in Cardiology

4.45 – 5.00  
Summary of Priority Actions  
Angela Hehir; Manager, Women & Heart Disease  
Prof Garry Jennings; Chief Medical Advisor, Heart Foundation

5.00 – 6.00  
POST FORUM NETWORKING DRINKS AND CANAPES

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For bookings - www.trybooking.com/462470