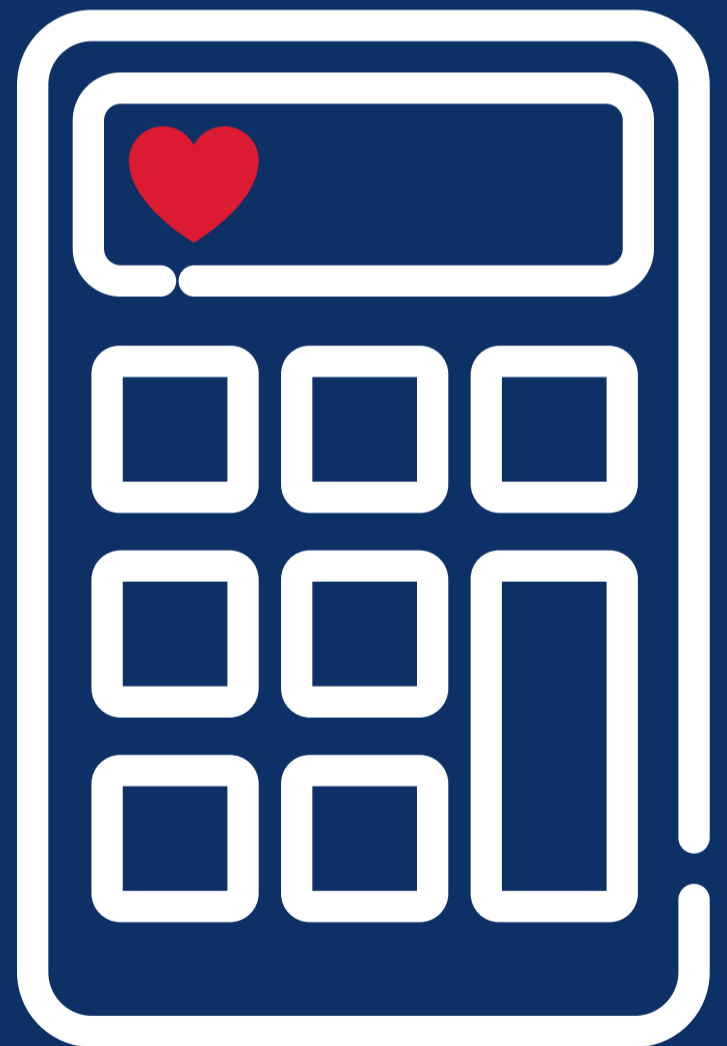


# Is your heart feeling your age?

## It only takes 3 minutes to find out.

**The Heart Age Calculator  
can help you to  
understand your risk of  
heart attack or stroke.**

**Visit: [myheartage.org](https://myheartage.org)**



For heart health information and support, call our  
Helpline on **13 11 12** or visit [heartfoundation.org.au](https://heartfoundation.org.au)



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